MORE SAFE

HOW SAFE IS IT FOR ME TO HELP WHEN I SEE SIGNS OF ABUSE OR VIOLENCE?

# ALONE & UP CLOSE

If it is safe to do so:

- ♠ Interrupt: for ex., shout!
- Distract the aggressor
- Ask the victim: "Are you okay?"
- ⊕ Be a good witness

### ALONE & FURTHER AWAY

If it is safe to do so:

- Get help from other bystanders
- © Call 911 or other services that can help
- Document what you witnessed

### WITH OTHERS & UP CLOSE

If it is safe to do so:

- Act together to help
- Back each other up
- Divide up helping tasks: for ex., 1 person checks the victim while another calls 911

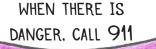
## WITH OTHERS & FURTHER AWAY

If it is safe to do so:

- Stand together against violence
- Support victims, not aggressors
- Connect people with services
- Respond with kindness, not violence



THE MORE PEOPLE, THE MORE SAFE





THE FURTHER AWAY,

THE MORE SAFE

LESS SAFE

abuse & violence

ALL OF US ₱ Believe survivors & listen to them

Recognize risk factors and signs of

Support the services that help

 Stand up against inequality & injustice

