Purple Ribbon Campaign: What is a healthy relationship? Loves me Accepts me as I am These are the qualities of a healthy relationship. Everyone deserves to be loved. Values my opinion Makes me feel safe Tries to understand Admits to being how I feel Listens to me and talks with me wrong Respects my family huss ne Supports my goals Treats me as an equal Makesmelaugh Respects me Is truthful with me Likes that I have other friends Understands my need for time alone Makes me feel or with others comfortable Loves me not If you recognize the signs below, you or someone you know may Makes all the decisions be a victim of abuse. Get help! Jers violein quickly Hitsme Is possessive Always Tries to control me blames me Guilts and shames me Makes me feel afraid Is sexually demanding Teases, bullies, and ls always "checking puts me down up" on me Keeps me from seeing Threatens to leave me if I don't do family and friends Takes my money and what they want other things From A Guide for Youth about Healthy Relationships, published by the Provincial Advisory Council on the Status of Women of Newfoundland and Labrador, Avalon East Coalition Against Violence, and Planned Parenthood Newfoundland and Labrador Sexual Health Centre, 2014.

PEI Advisory Council on the Status of Women | Purple Ribbon Campaign Against Violence